

Session Calendar

Session 1 Aug 31—Sept 26

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 31 | 1 | 2 | 3 | 4 | 5 |
| 7 | 8 | 9 | 10 | 11 | 12 |
| 14 | 15 | 16 | 17 | 18 | 19 |
| 21 | 22 | 23 | 24 | 25 | 26 |

-Gym closed for Labor Day Sept 7

Session 2 Sept 28 — Oct 24

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 28 | 29 | 3 | 1 | 2 | 3 |
| 5 | 6 | 7 | 8 | 9 | 10 |
| 12 | 1 | 14 | 15 | 16 | 17 |
| 19 | 20 | 21 | 22 | 23 | 24 |

Session 3 Oct 26 — Nov 21

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 26 | 27 | 28 | 29 | 30 | 31 |
| 2 | 3 | 4 | 5 | 6 | 7 |
| 9 | 10 | 11 | 12 | 13 | 14 |
| 16 | 17 | 18 | 19 | 20 | 21 |

Session 4 Nov 23 —Dec 19

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 23 | 24 | 25 | 26 | 27 | 28 |
| 30 | 1 | 2 | 3 | 4 | 5 |
| 7 | 8 | 9 | 10 | 11 | 12 |
| 14 | 15 | 16 | 17 | 18 | 19 |

-Gym closed for Thanksgiving Nov 26—Nov 27
-Gym closed for winter break Dec 21—Jan 3

Session 5 Jan 4 — Jan 30

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 4 | 5 | 6 | 7 | 8 | 9 |
| 11 | 12 | 13 | 14 | 15 | 16 |
| 18 | 19 | 20 | 21 | 22 | 23 |
| 25 | 26 | 27 | 28 | 29 | 30 |

Session 6 Feb 1 — Feb 27

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 |
| 8 | 9 | 10 | 11 | 12 | 13 |
| 15 | 16 | 17 | 18 | 19 | 20 |
| 22 | 23 | 24 | 25 | 26 | 27 |

Session 7 Mar 1—Mar 27

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 |
| 8 | 9 | 10 | 11 | 12 | 13 |
| 15 | 16 | 17 | 18 | 19 | 20 |
| 22 | 23 | 24 | 25 | 26 | 27 |

-Gym closed for Spring

Session 8 April 5—May 1

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 5 | 6 | 7 | 8 | 9 | 10 |
| 12 | 13 | 14 | 15 | 16 | 17 |
| 19 | 20 | 21 | 22 | 23 | 24 |
| 26 | 27 | 28 | 29 | 30 | 1 |

Session 9 May 3 — May 29

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 3 | 4 | 5 | 6 | 7 | 8 |
| 10 | 11 | 12 | 13 | 14 | 15 |
| 17 | 18 | 19 | 20 | 21 | 22 |
| 24 | 25 | 26 | 27 | 28 | 29 |

Session 10 May 31— June 26

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 31 | 1 | 2 | 3 | 4 | 5 |
| 7 | 8 | 9 | 10 | 11 | 12 |
| 14 | 15 | 16 | 17 | 18 | 19 |
| 21 | 22 | 23 | 24 | 25 | 26 |

-Gym closed for Memorial Day May 31

-Gym closed for Summer Break June 28—July 4

Session 11 July 5—July 31

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 5 | 6 | 7 | 8 | 9 | 10 |
| 12 | 13 | 14 | 15 | 16 | 17 |
| 19 | 20 | 21 | 22 | 23 | 24 |
| 26 | 27 | 28 | 29 | 30 | 31 |

Session 12 Aug 2—Aug 28

| MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|
| 2 | 3 | 4 | 5 | 6 | 7 |
| 9 | 10 | 11 | 12 | 13 | 14 |
| 16 | 17 | 18 | 19 | 20 | 21 |
| 23 | 24 | 25 | 26 | 27 | 28 |